Disconnect battery and wait 20min before starting.

1) SRS harness resistor

2.2 ohm resistance for this one. Use (5) 10 ohm, 1/4w resistors from radioshack connected in parallel. Check it with a multimeter before installing and you should see ~2.3 ohms. Plug into YELLOW 2 prong female SRS harness.
That is it for the first step.

The second part is the less intuitive one:

2) Transplant seatbelt sensor harness

This causes the SRS light because of the magnetic seat position sensor that is lost with the new seat.

Follow the seatbelt buckle wire back all the way to the 4-prong white plug under the seat. Use scissors or a knife to snip the electrical tape in 1-2 places, and the rest are clips that can be undone with your fingers.
There are also 2 other connections:
1 - A white plug near the front of the seat close to the seatbelt buckle end.
2 - The magnetic seating position sensor towards the harness interface end. You'll need a torx set to unscrew this one.

Transplant the whole harness under the new seat. Place the magnetic device on the underside of the aftermarket bracket.
This is on top of the rail, before you unmount the seat and move it all underneath.

From here you have two options: Reinstall the seatbelt buckle with sensor onto your new seat, and retain the seatbelt sensor function, OR place the buckle under the seat and connect the seatbelt at the base of the b-pillar (for harness-only use with no flashing seatbelt light).

The last connector on both harnesses you can leave open.

DONE!