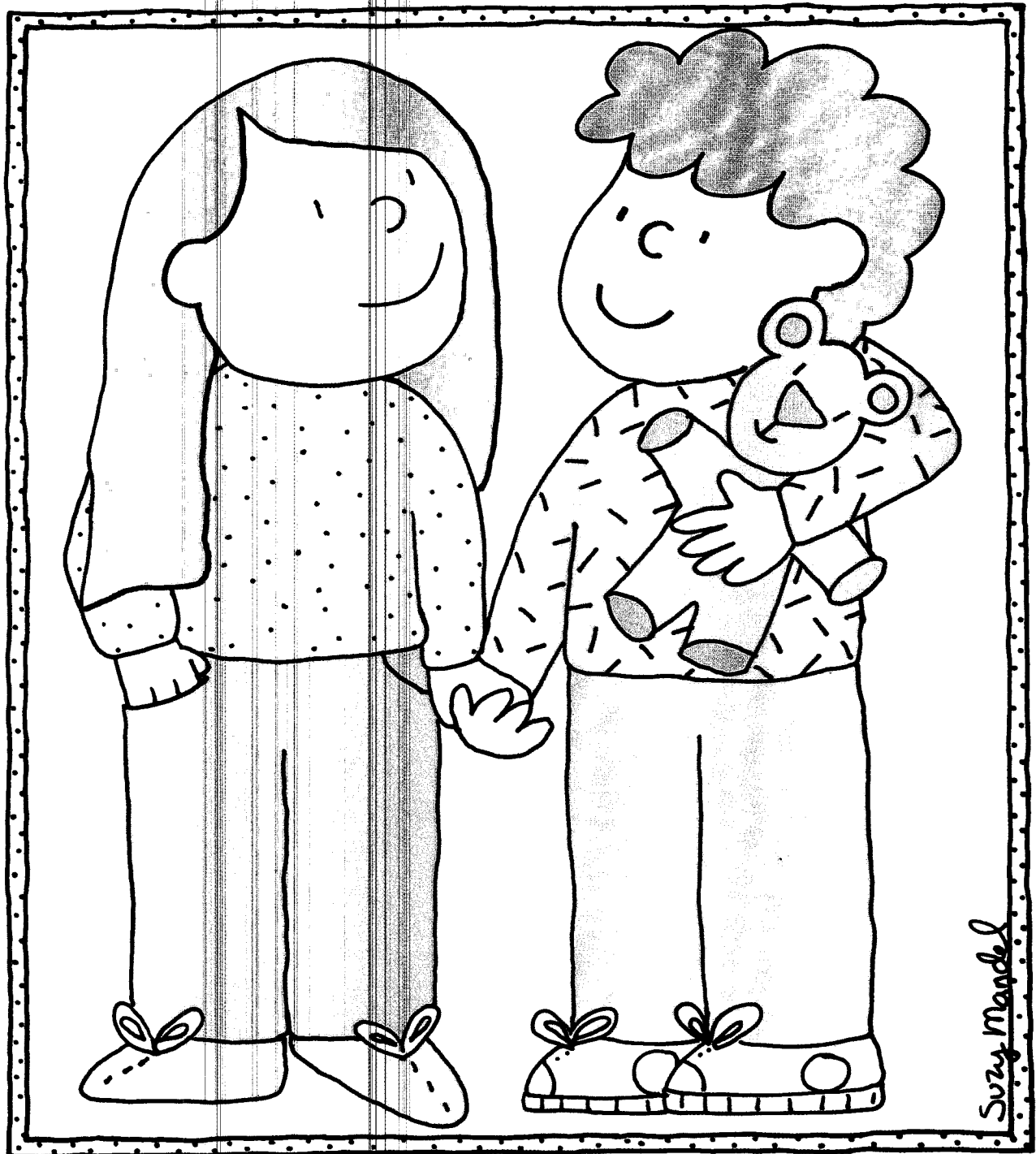


Good Touch, **Bad Touch**

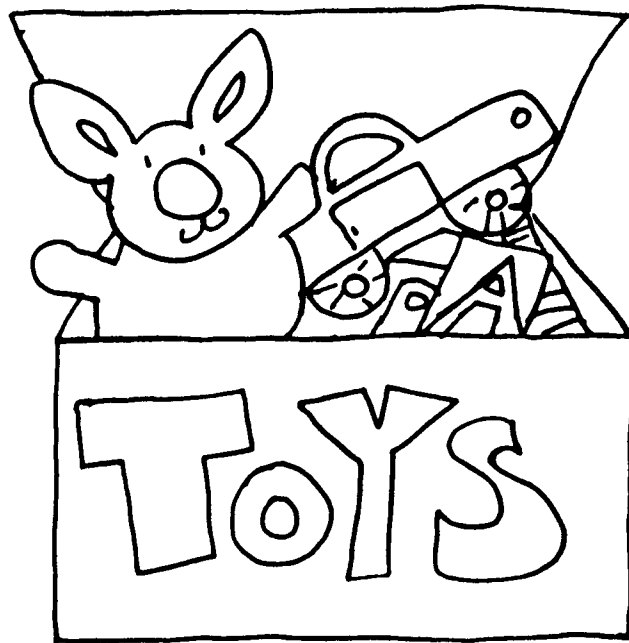
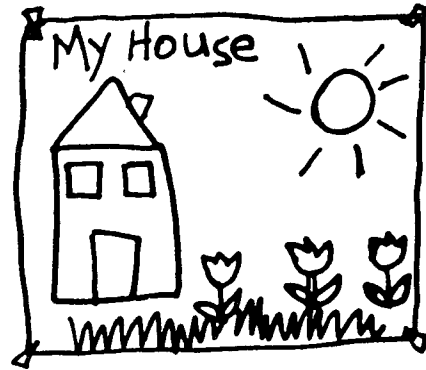
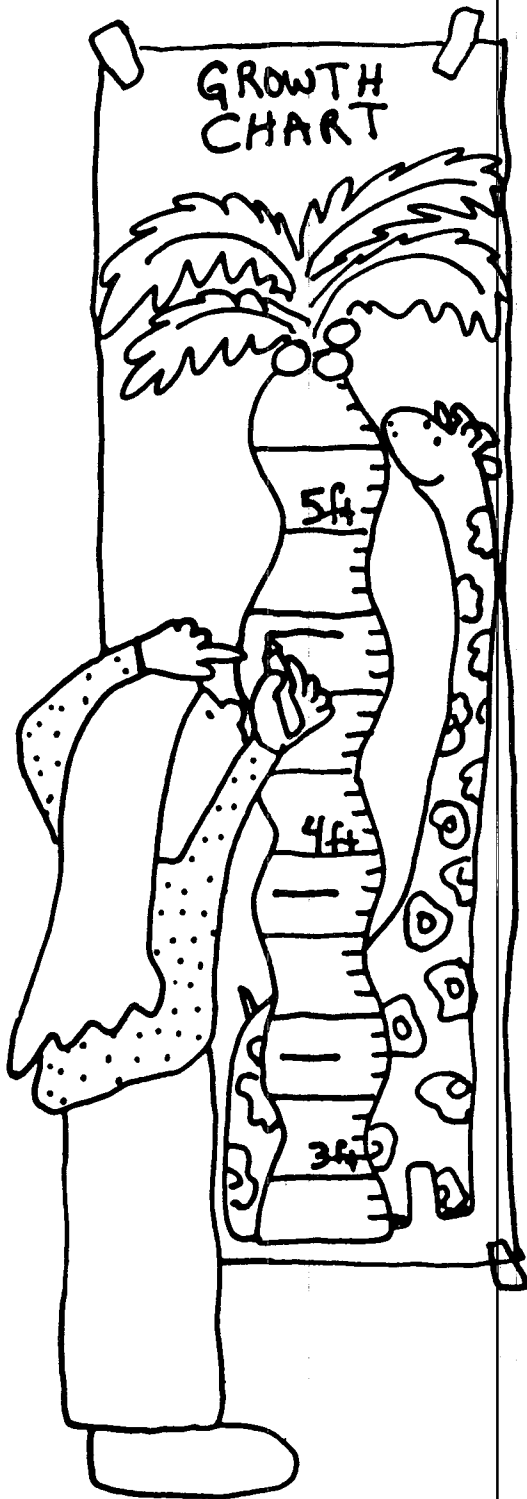
An Educational Coloring & Activities Book



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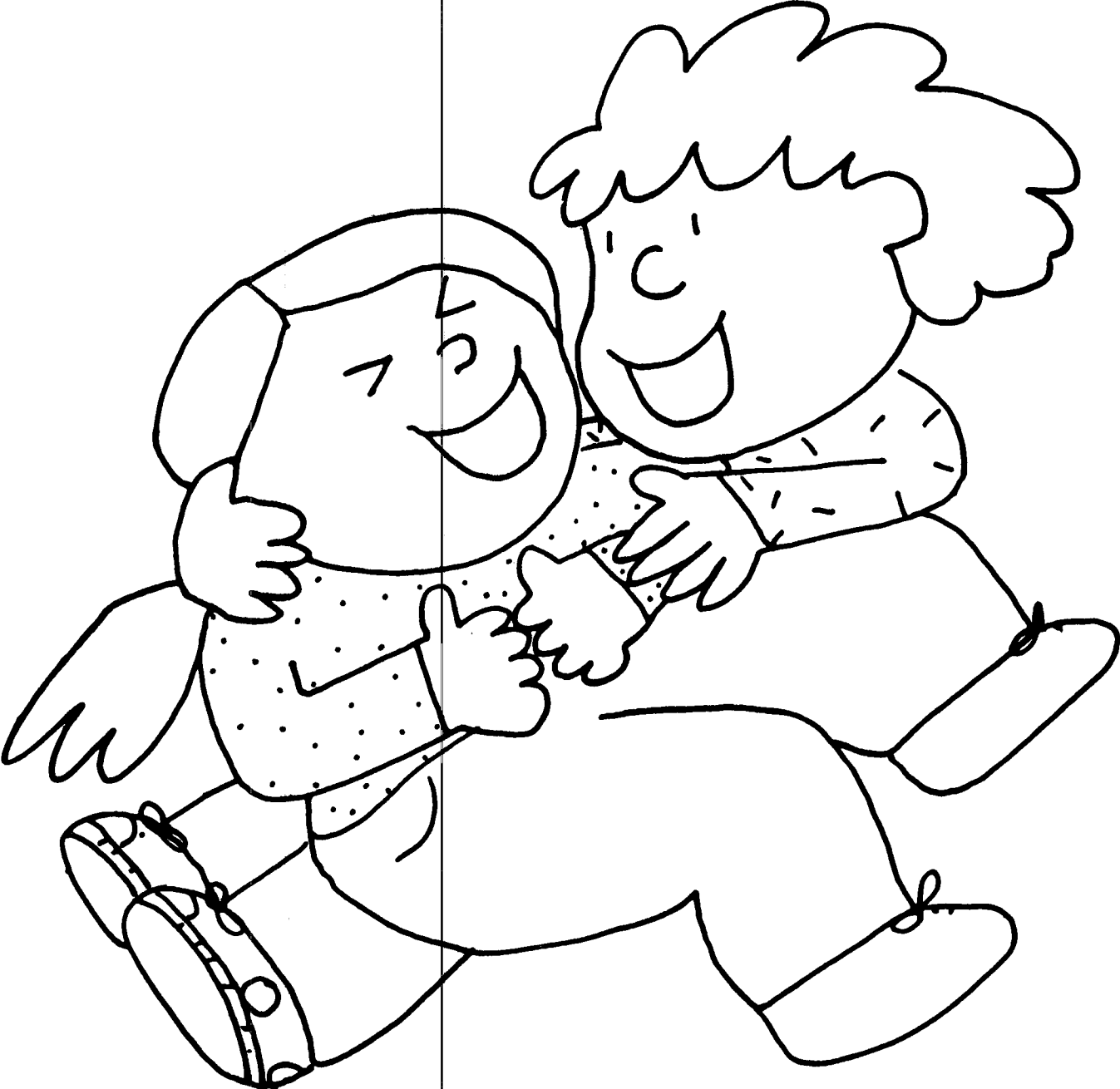


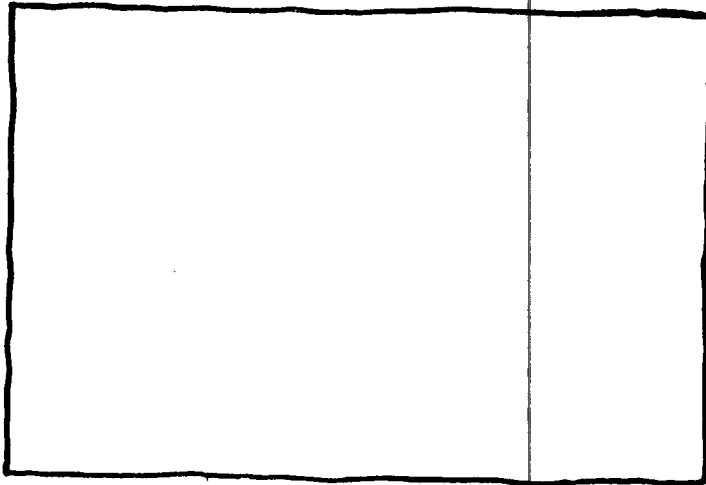
I was born with something very wonderful. Every year it grows bigger and even more wonderful. It's my body.



My body is all mine. I can do many things with it, like hold hands with a friend. Holding hands with a friend is a good touch.

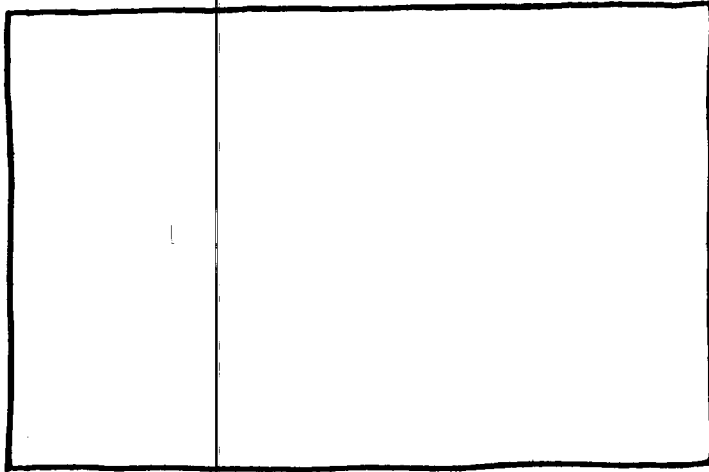
I like good touches, like when I get tickled just a little.
That makes me giggle.



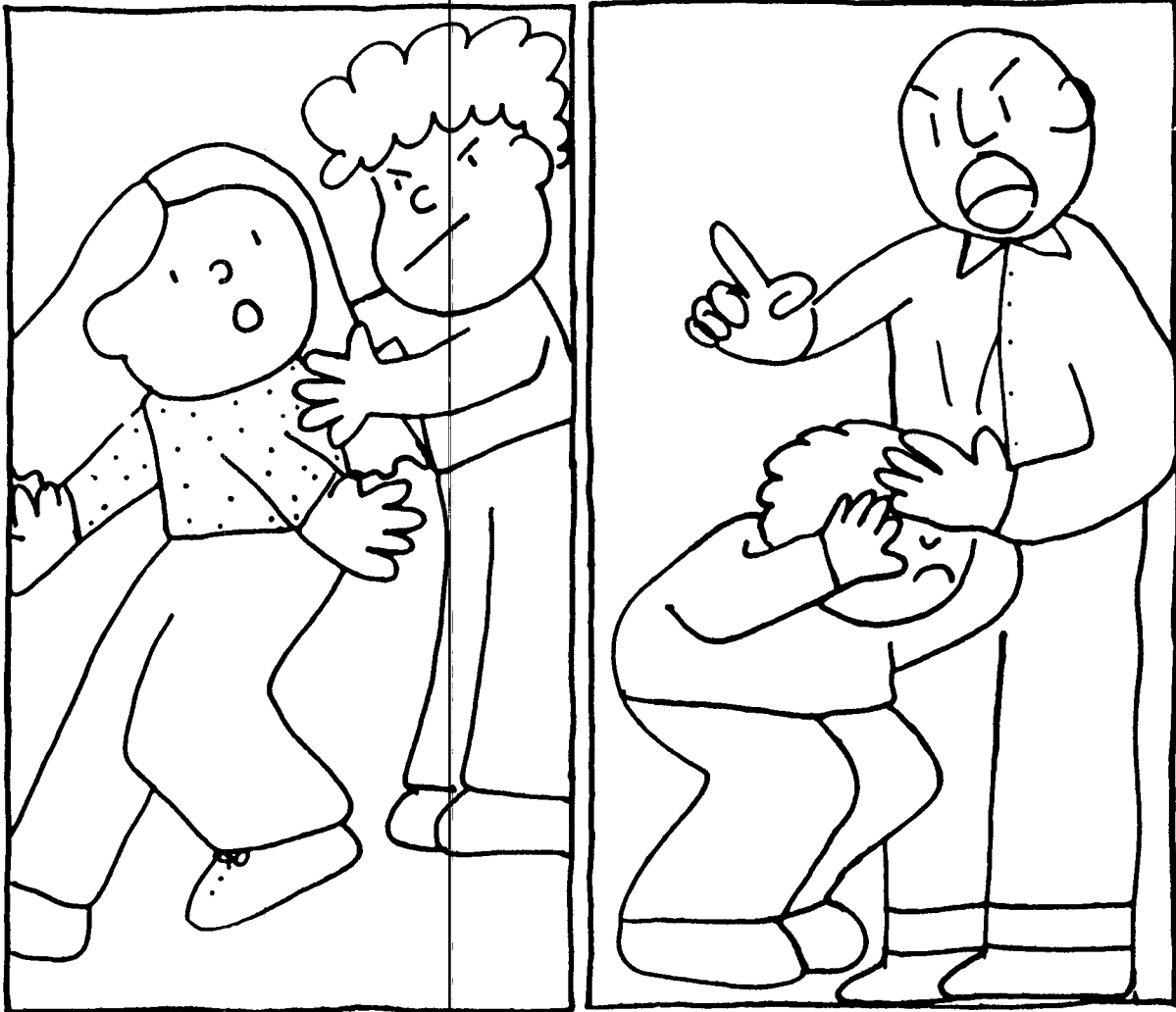


Draw a touch that makes you feel good.

There are lots of good touches that make me feel warm and comfortable and safe inside.

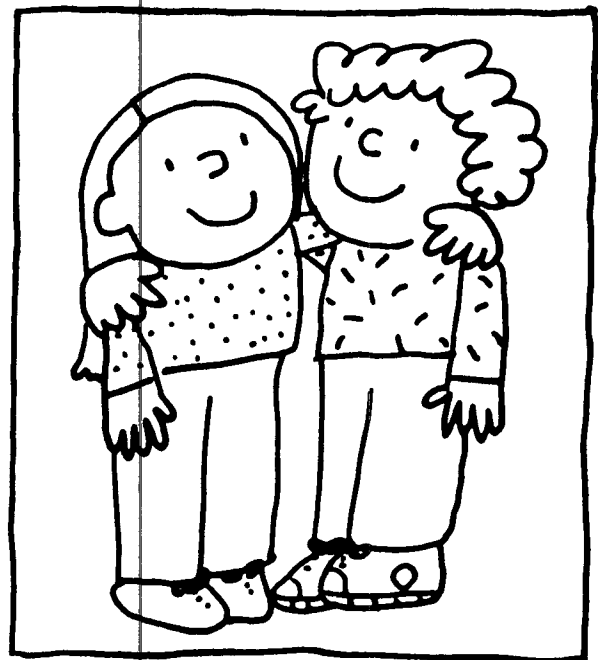
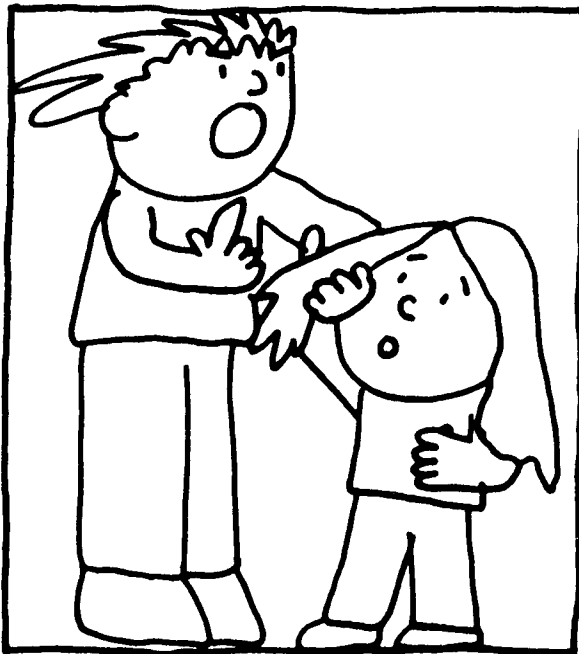
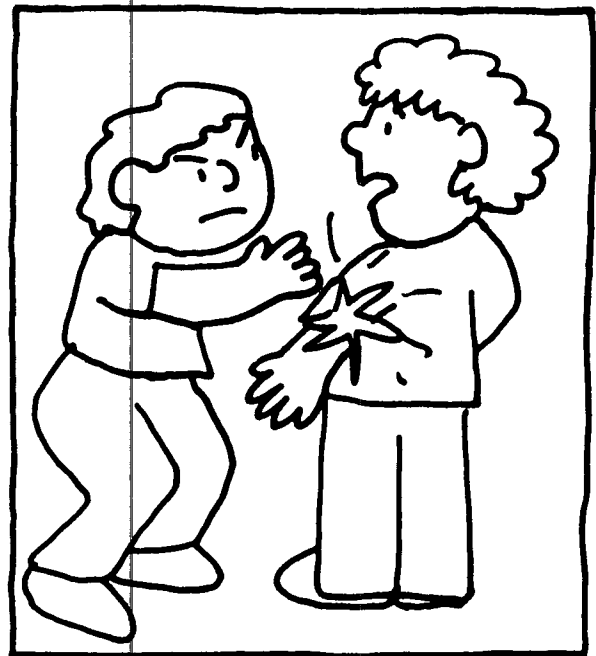


Draw a touch
that makes
you feel bad.

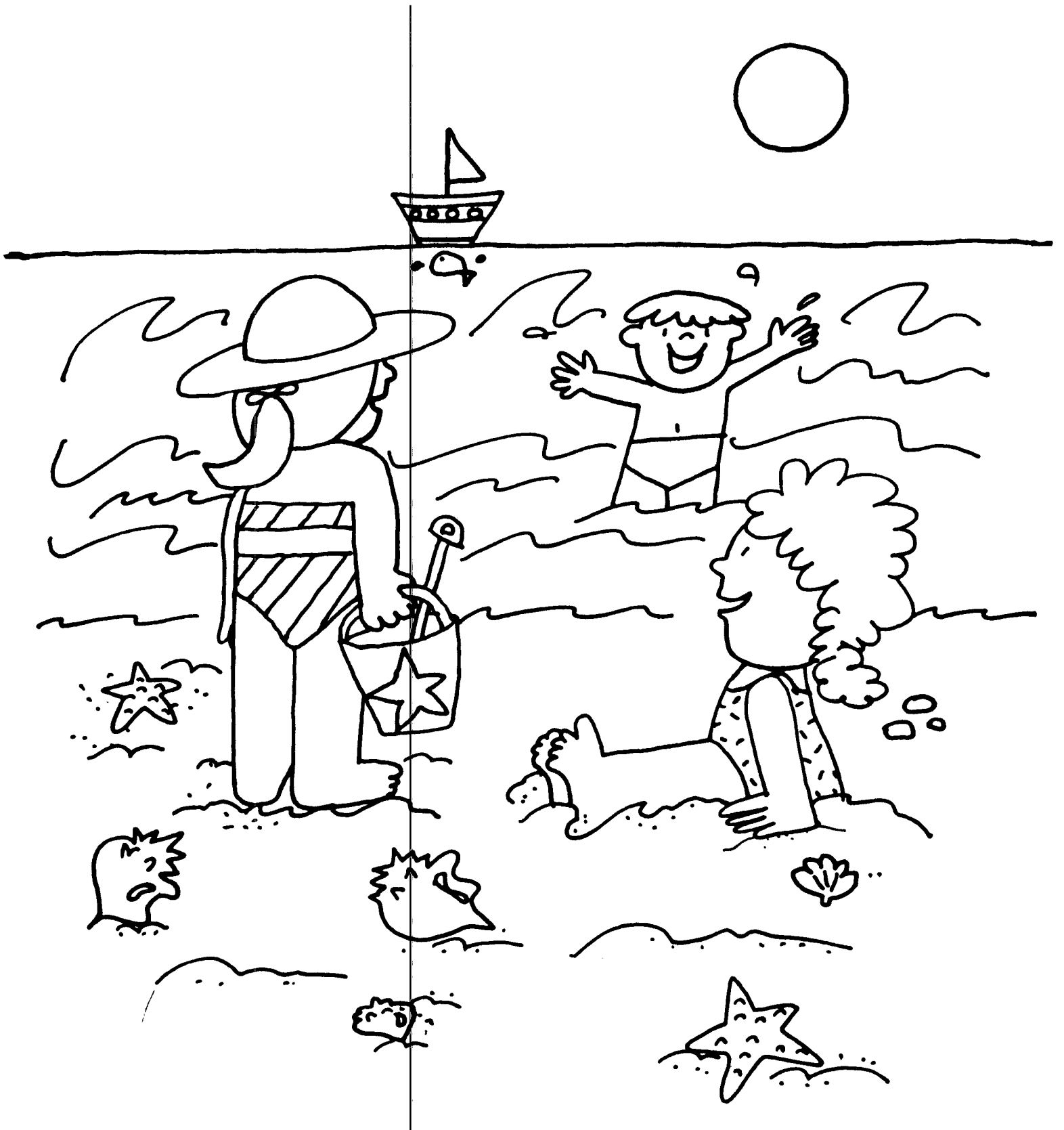


Some touches don't feel good like when someone
pushes or hits me. Then I have to shout, "Stop!"

- O Circle the pictures below that show good touches.
X Put an X over the bad touches.

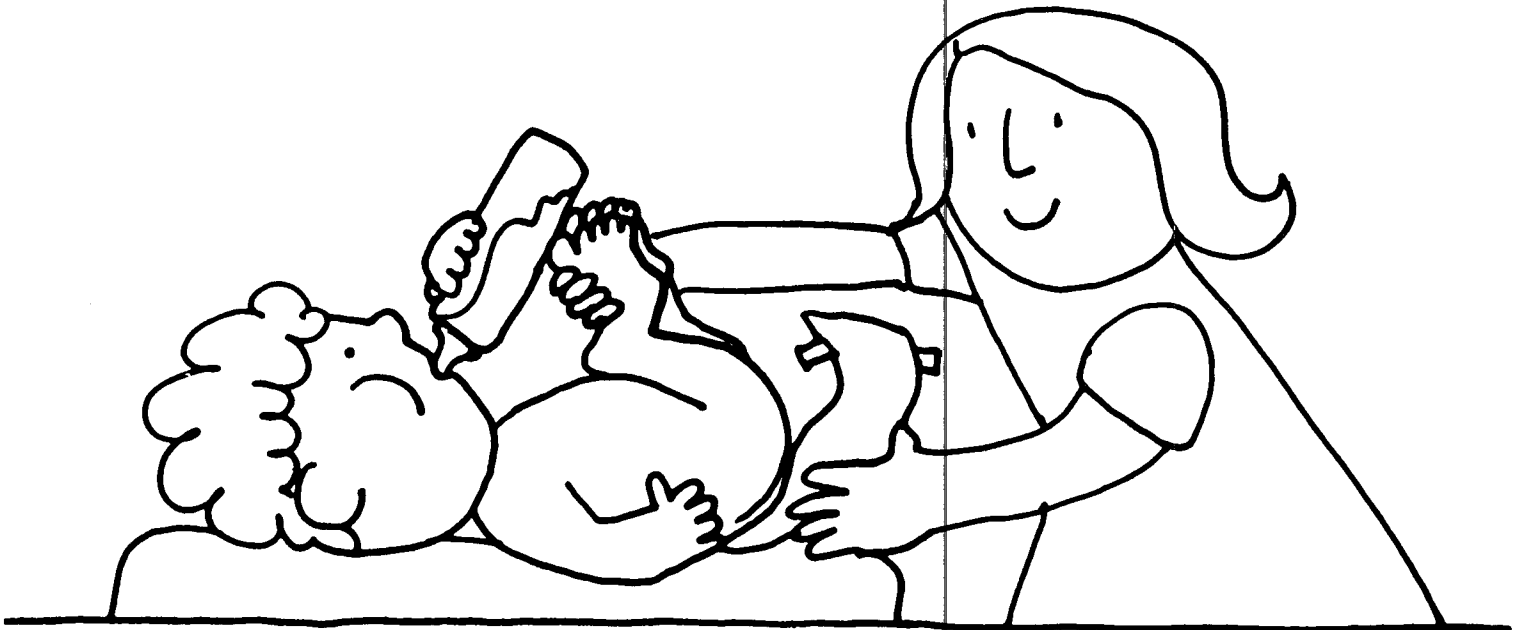


I'm in charge of my body. I decide which touches feel safe and good and which ones feel unsafe or bad.



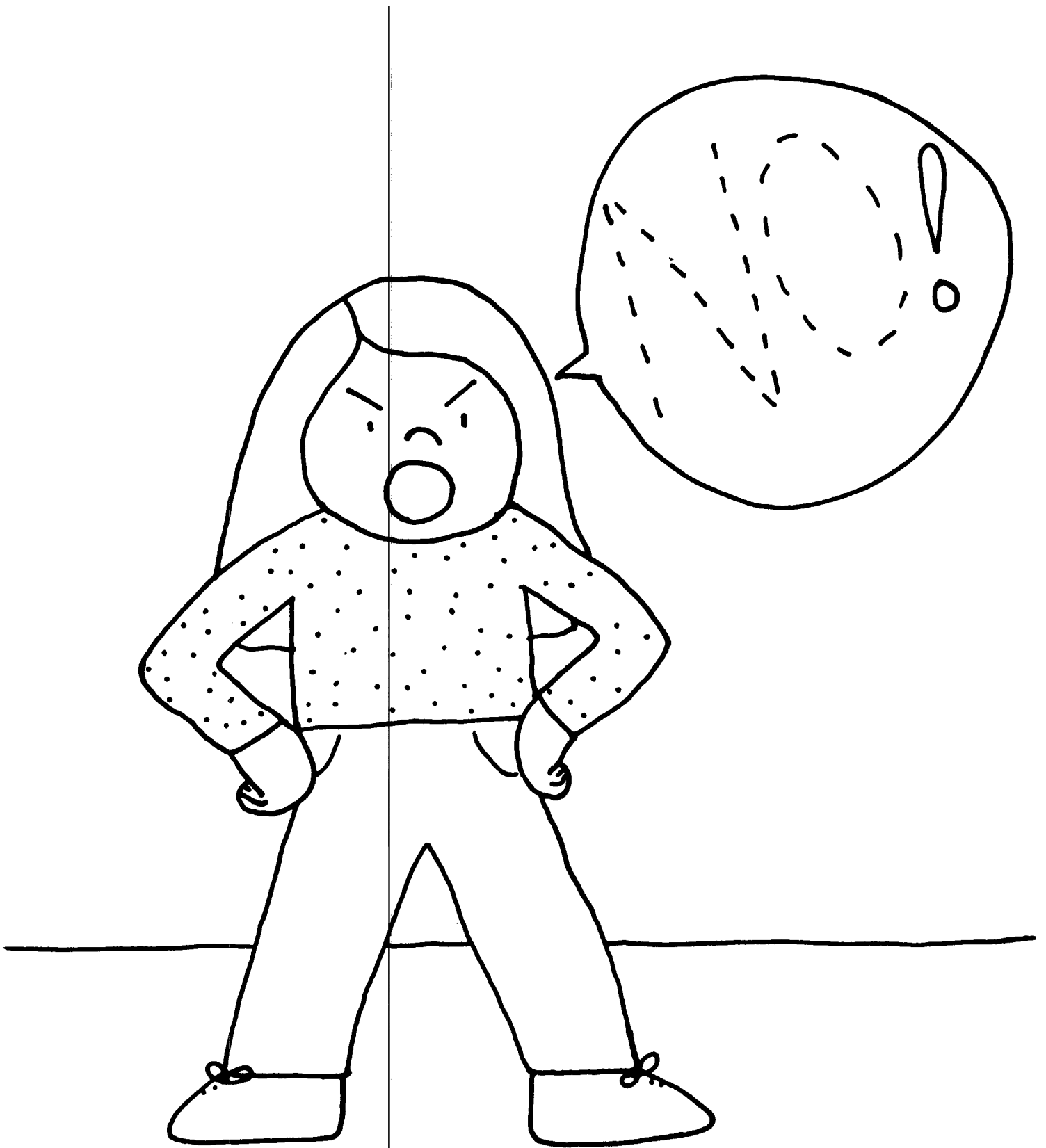
Some parts of my body are private. These are the parts that I cover with clothes even when I go swimming.

Your parents touched your private parts when you were a baby and they took care of you.



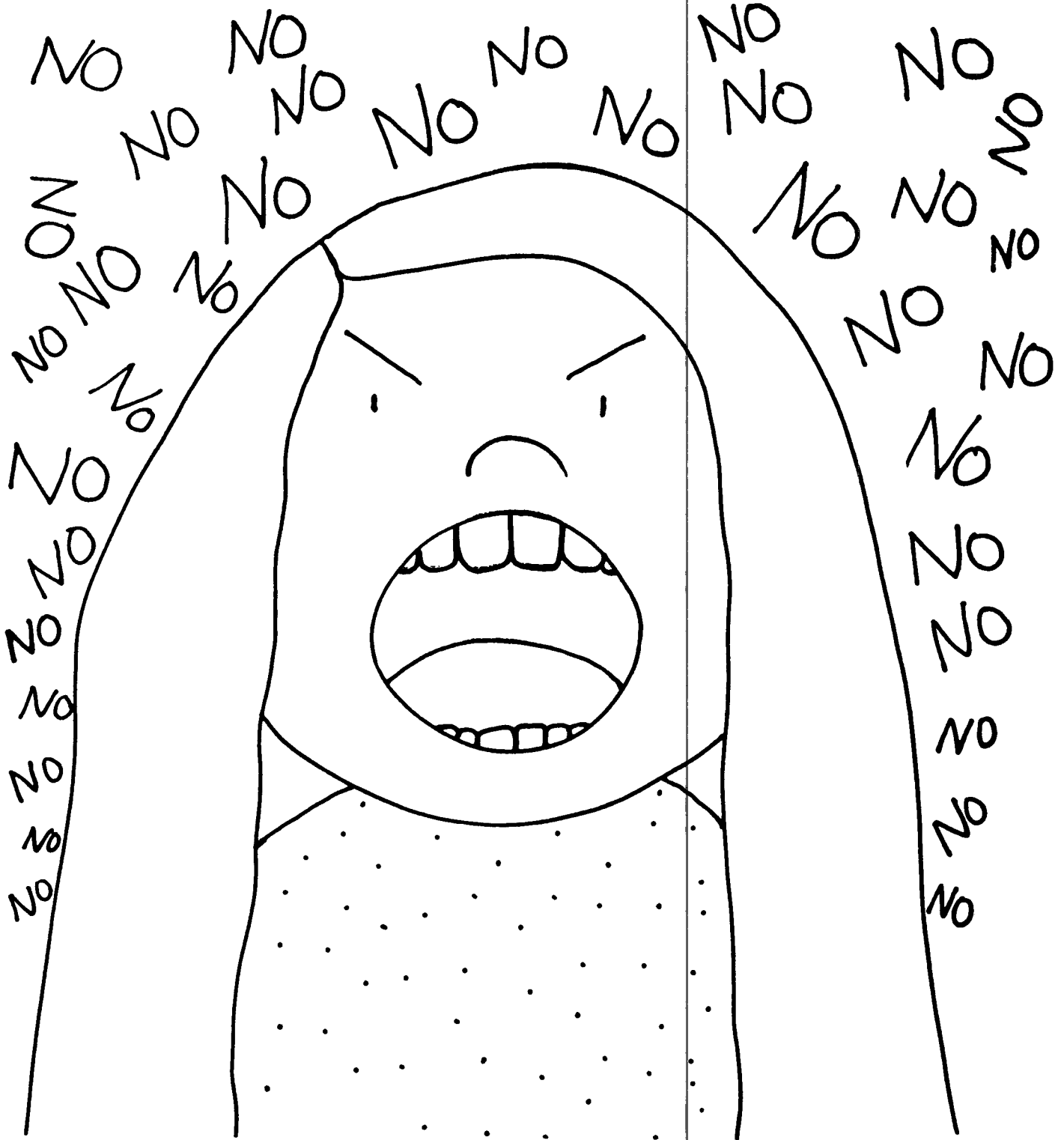
Now, a doctor or nurse may examine your private parts in their office.





If anyone wants to touch your private parts in a way that makes you feel upset, say “No” and tell someone you trust.

If someone asks you to take off your clothes and wants to touch your private parts, say "No, I won't do that!"



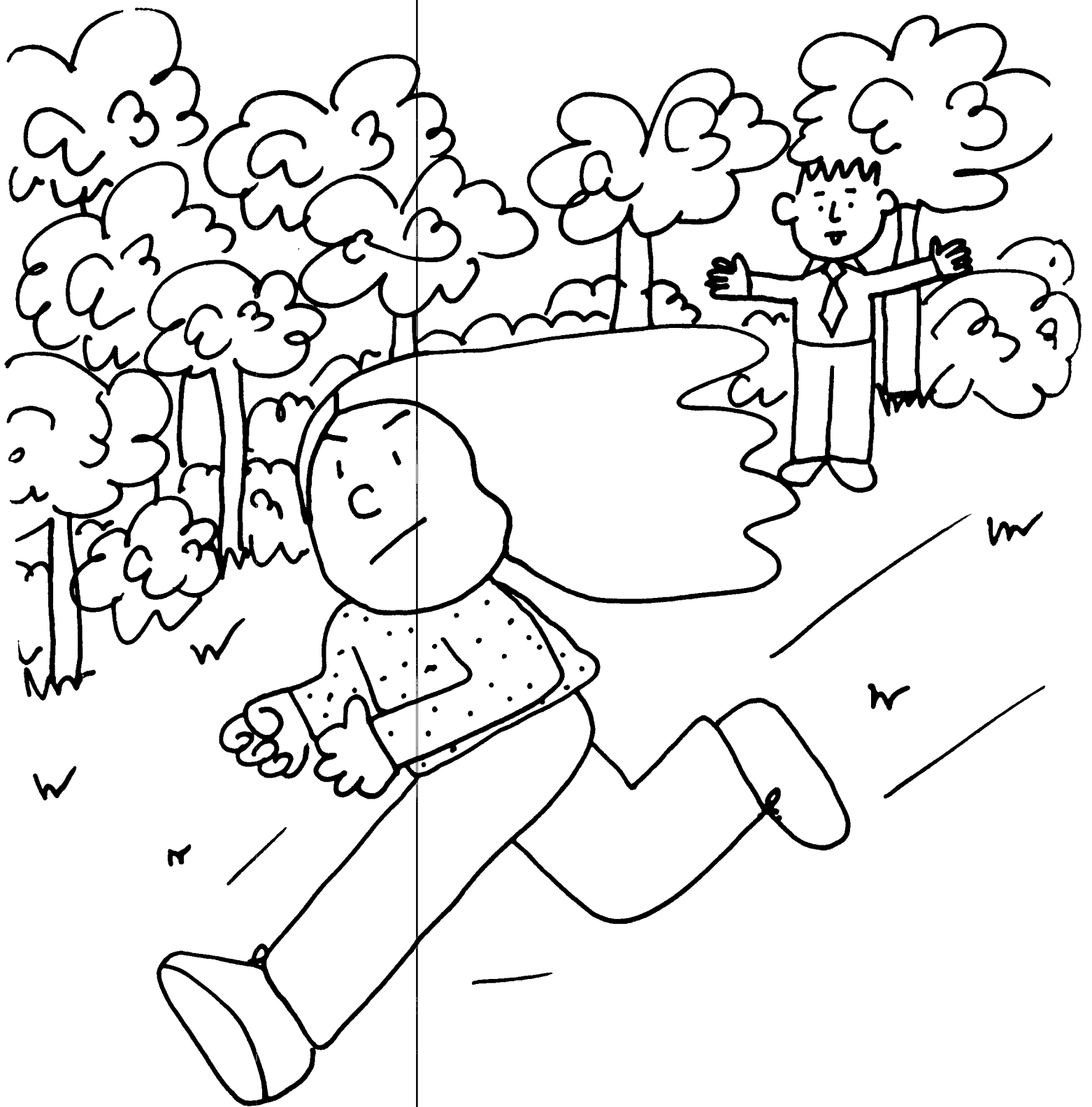
If someone asks you to look at or touch their private parts, say "No, I don't want to!"



If someone tells you that you will be a bad child if you don't touch them or look at their private parts, say "No! I don't believe that."



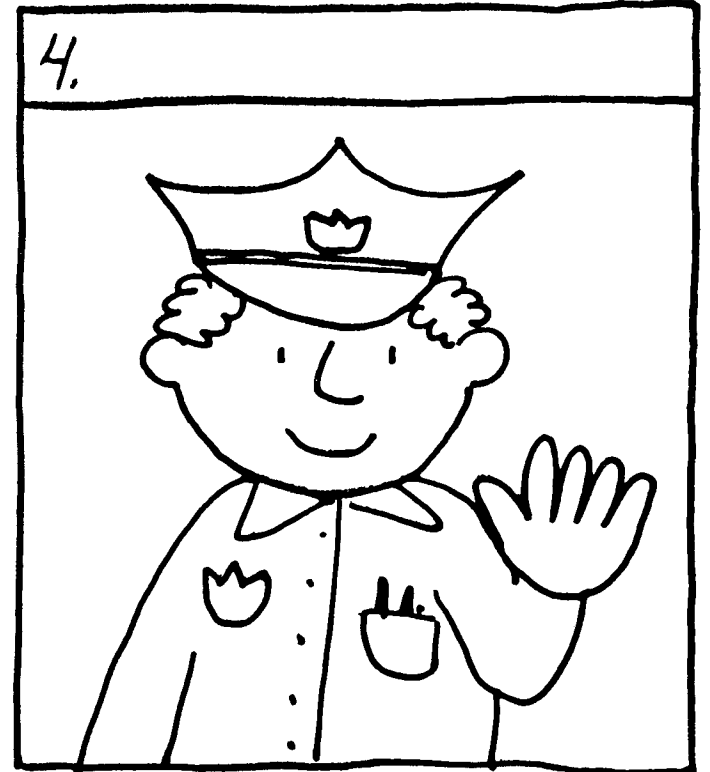
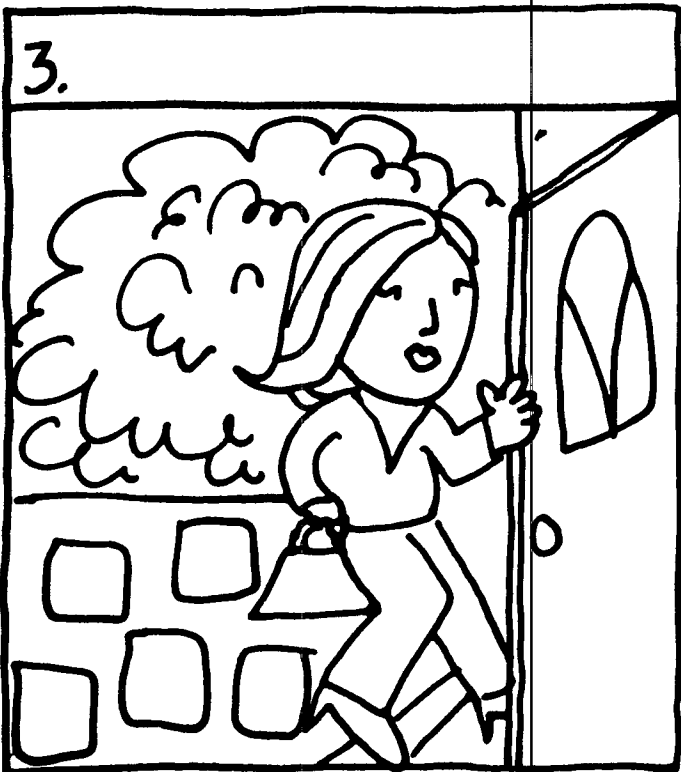
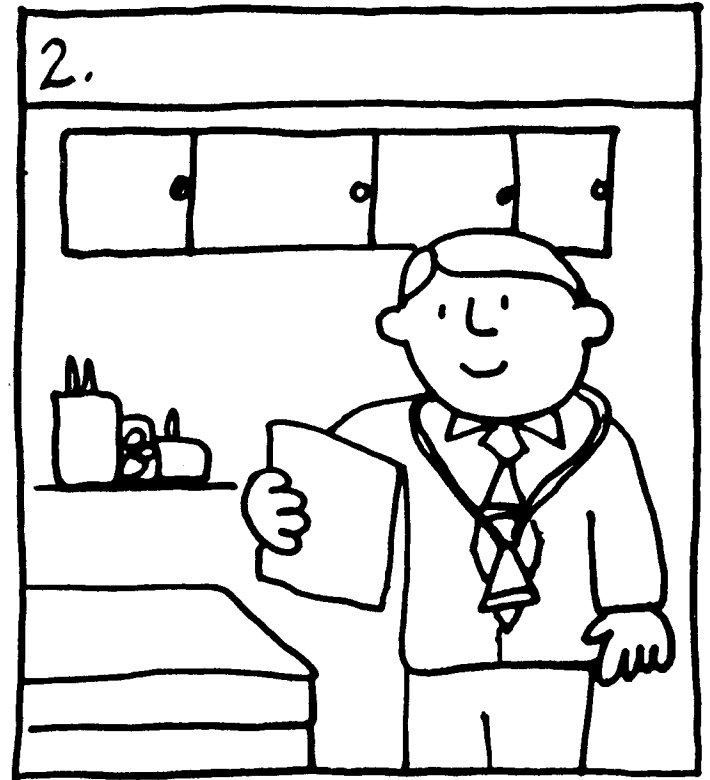
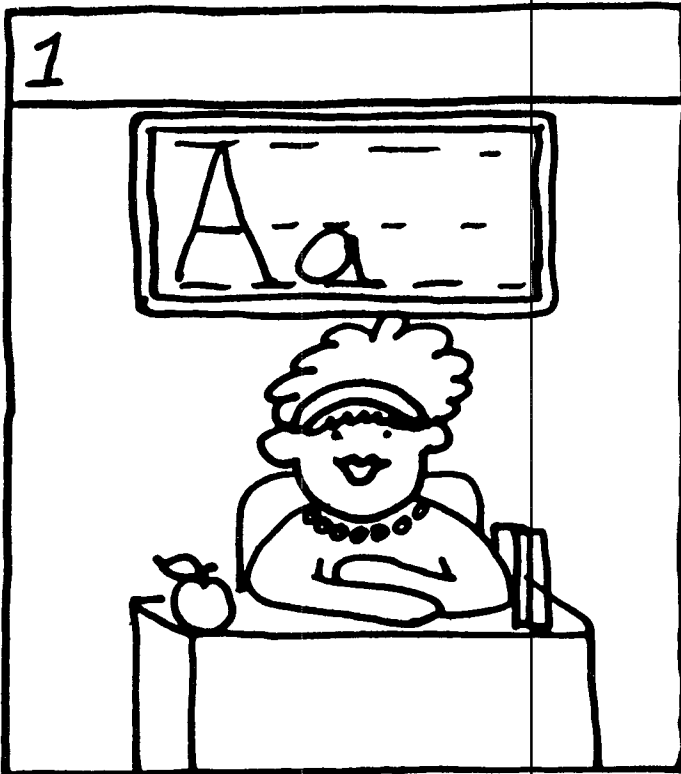
**If someone tells you that their touches are secret, say
“No! I don’t like secrets like that!”**



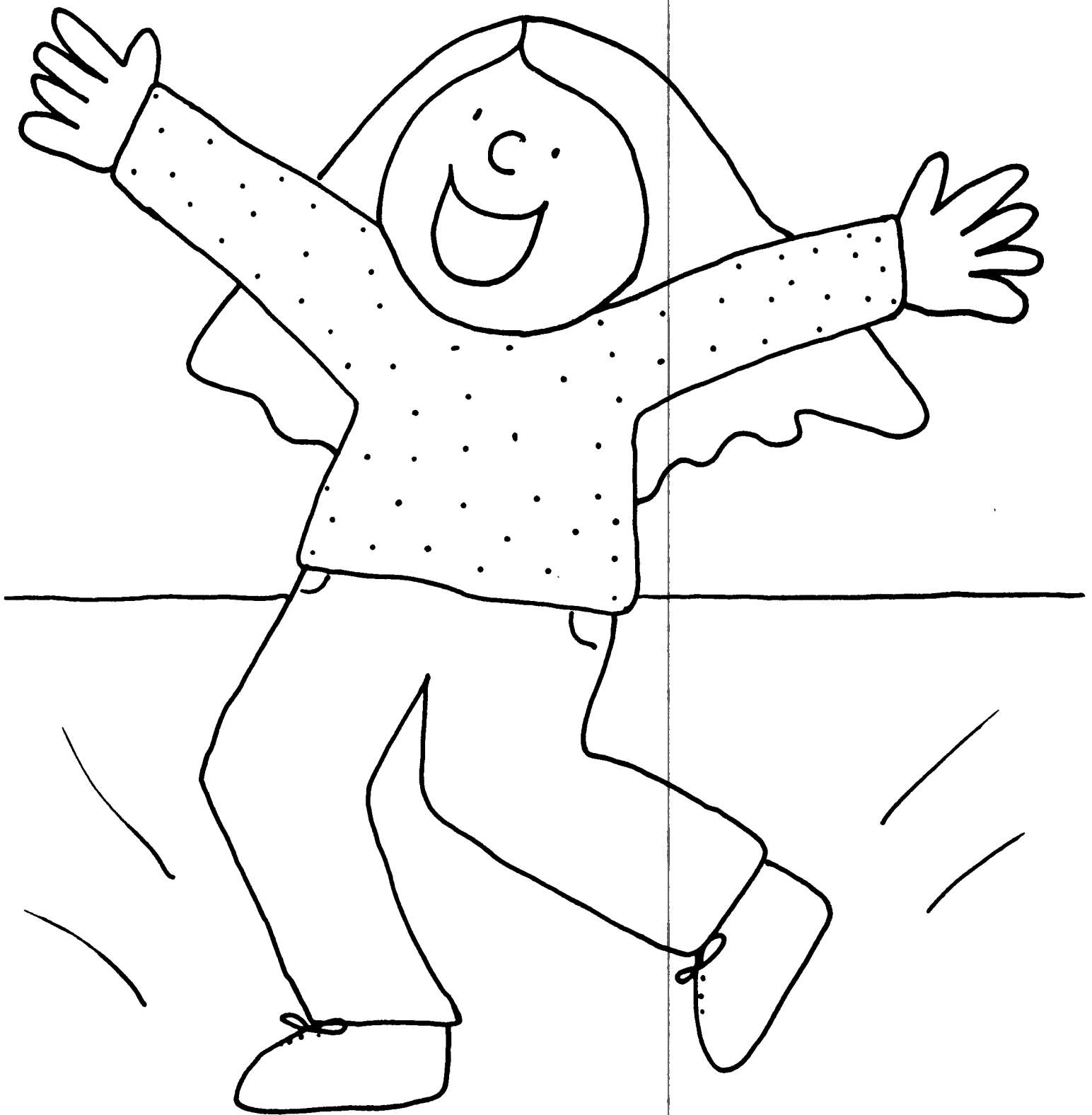
If anyone makes you feel strange or uncomfortable,
run away as soon as you can.



Tell your parents or another adult you can trust. If you have to, keep telling people until someone believes you.



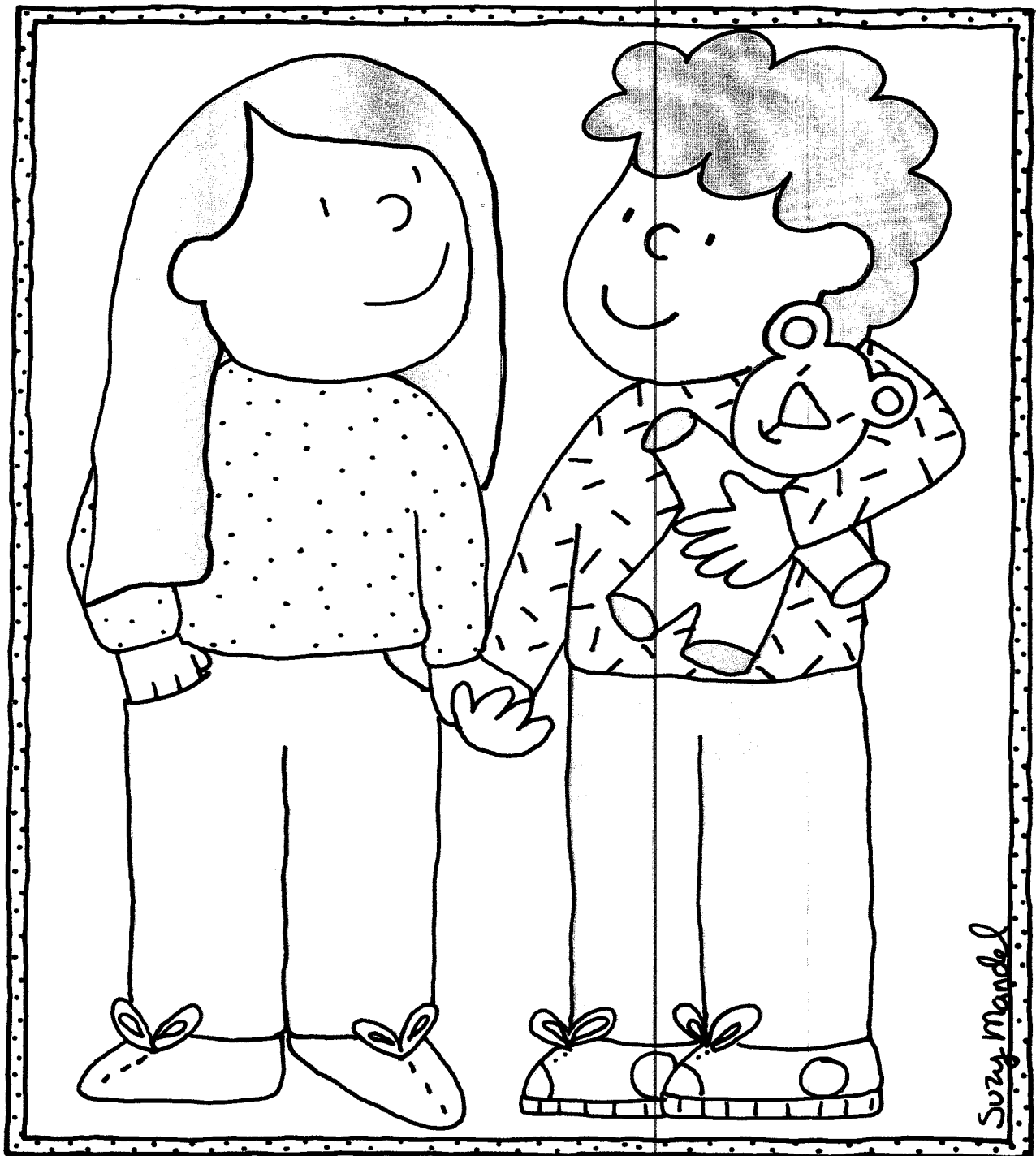
Write in the names of some people that you know who you can tell. Your: 1. Teacher, 2. Doctor, 3. Friend's Parent, 4. Police Officer



**Remember, your body is special and it's all yours!
You don't have to let anyone touch it in ways that
make you feel bad. Isn't that good to know?**

Good Touch, **Bad Touch**

An Educational Coloring & Activities Book



TO THE PARENT

This coloring and activities book has been developed by a health and safety professional to teach your child important information about staying safe and keeping healthy. Please take the time to review each page carefully with your child to make sure he or she has mastered the concepts presented.